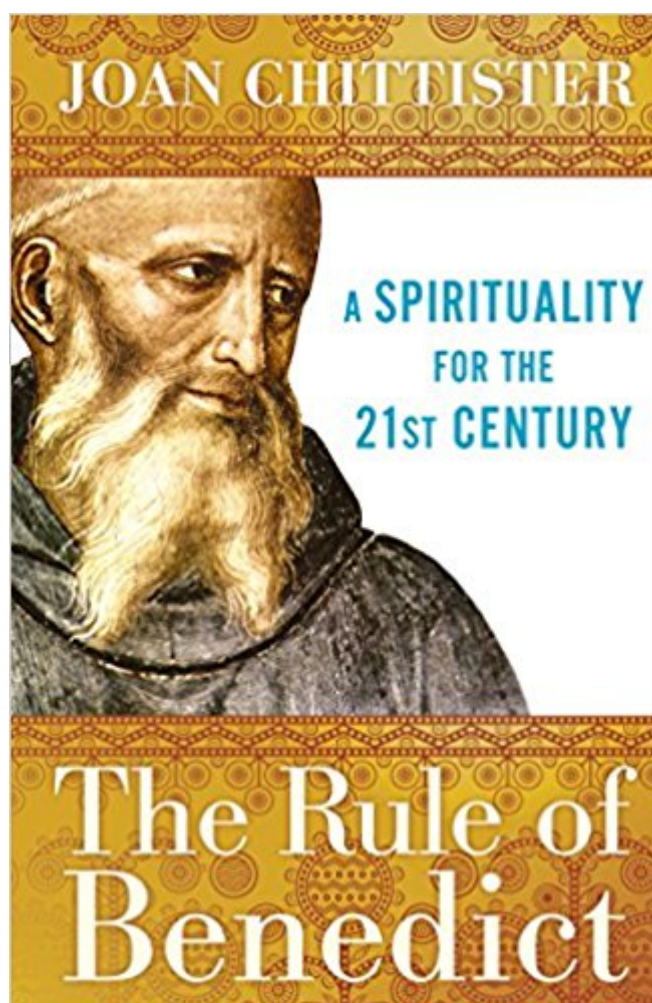


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# Rule Of Benedict: A Spirituality For The 21st Century (Spiritual Legacy Series)



## Synopsis

This new edition of a classic religious text combines the timeless wisdom of Benedict of Nursia's Rule with the perceptive commentary of a renowned Benedictine mystic and scholar. In her new introduction to the Rule, the author boldly claims that Benedict's sixth-century text is the only one of great traditions that directly touches the contemporary issues facing the human community—stewardship, conversion, communication, reflection, contemplation, humility, and equality. Tracing Benedict's original Rule paragraph by paragraph, it expands its principles into the larger context of spiritual living in a secular world and makes the seemingly archaic instructions relevant for a contemporary audience. A new foreword, updated content, an appendix, and a recommended calendar for reading the entries and commentaries make this an invaluable resource for solitary or communal contemplation.

## Book Information

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## Customer Reviews

Wonderful interpretation - in that it is gender neutral, appreciative of Taoist and Jewish awareness of Source while remaining true to the nature, meaning, and purpose of the Rule of Benedict. Coming from a mystical Christian perspective, these elements ring true and make the text much more in line with my experience of the Divine. Highly recommend!

I so appreciate this book. I have worked my way through it each the past four summers. I manage a camp. Every summer I partner with 25-30 others to host kids and introduce them to Jesus Christ. S. Joan's commentary and reflections on the Rule of Benedict speaks of faith, relationship with God, life together, and hospitality. She writes economy and power. Quote after quote could be pulled to make a meme or motivational poster(please don't). She draws on multiple spiritual and philosophical traditions which speaks to God's universal truth. Rooted in scripture, her writing is not peppered with proof-texts of scripture. It is a humble articulation of lessons learned from a life lived with scripture and in Christ. It is a beautiful, accessible presentation of the ethics of the Kingdom of God. Don't rush through it. Revisit it often. Ask God not to leave you unchanged.

Wonderful book! We heard Joan Chittister years ago and were impressed by her then. These "rules" are being used in a class now, and we think she makes a lot of sense in our modern world. That is, the Rules make sense even though they were made so many years ago.

If you aren't familiar with the rule of St. Benedict, this is a great introductory book. The format is for daily readings and the text would repeat about every 4 months, so you would go over the text 3 times in a year. I read the book through the first time and now I am going back and reading it as it was intended. It is a good book read either way.

Read it daily. Rules for common, everyday living. Especially great in the workplace. Benedict knew how to make a community work. You do not even have to be religious appreciate his wisdom in making a community work effectively.

What a valuable resource! Sr. Joan Chittister's commentary on the Rule of St. Benedict is not only indispensable in understanding the Rule's applicability today -- it would be tremendously helpful on its own. Reading her daily commentaries is one of the highlights of my day. She has taught me so much, and I am deeply indebted.

This book wisely explains the ancient, and therefore sometimes obscure, Rule of St. Benedict. Its translation of the original text for modern readers, by relating the practical Rule to the timeless values underlying it, is helpful. Recommended for those seeking a disciplined and loving path to enlightenment.

The 73 chapters of the Rule are broken up into daily sections so that the entire Rule can be read three times each year as monastics do. Sister Joan has written a commentary for each day explaining how the Rule applies to our lives today. I recommend this book!

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